

Ramsey County's Learn-to-Skate



Looking for a learn to skate program? We've got it! Ramsey County is please to present this unique learn-to-skate program for all ages. This is a great opportunity to learn the skills needed for pleasure skating, or hockey, no matter what level you're at! Fundamental skill learning in these areas begins with quality instruction.

The program is an authorized Ice Skating Institute (ISI) program and provides the opportunity and environment to learn the basic or master techniques!

Located at: HIGHLAND ICE ARENA- (651) 770-7324
800 SNELLING AVENUE SOUTH, ST. PAUL

Meet the Director: Diane Ness



- U.S. Gold Medalist in figure and freestyle
- 39 years of teaching experience
- Skating coach for the New Jersey Devils, Minnesota Gophers men's and women's teams, and the U.S. Olympic Woman's hockey team
- Coached regional figure skating competitors
- Instructor for many professional hockey players



Hockey Instructors: Andy Ness, Troy Stevens, Jesse Sampair, and Nick Murray

Figure Skating Instructors: Angela Hurley, Angela Ness, Mary Moe, Katie Moe, Linda Pazlar and Adam Johnson



Women's 2010 United States Olympic Team
Far left, second row: Andy Ness
Middle, second row: Diane Ness
Far right, second row: Troy Stevens

2012 SESSION DATES

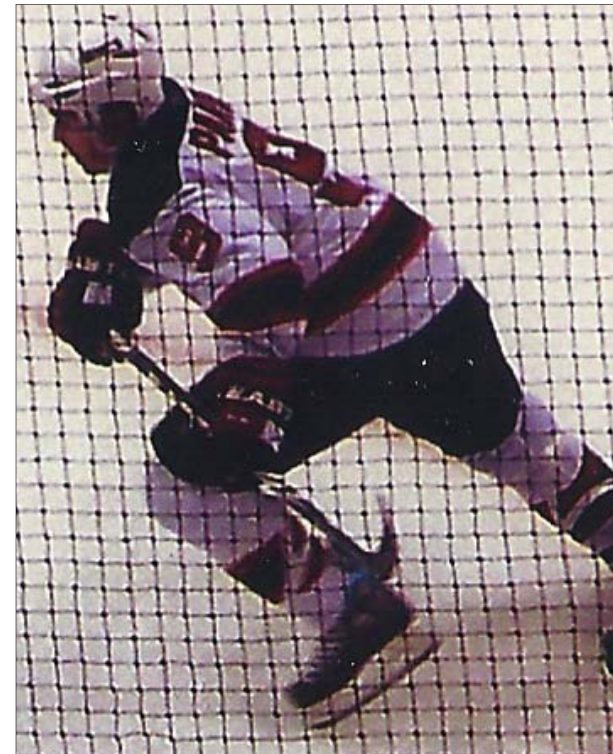
MONDAYS

March 5th through April 9th

Day	Time	Class Level
Monday	5:40-6:10 pm	• Pre-Alpha (ages 4-8) • Alpha
	6:10-6:40 pm	• Pre-Alpha (ages 4-8) • Pre-Alpha (ages 9 & up) • Beginning Hockey
	6:50-7:20 pm	• Pre-Alpha (ages 4-8) • Beta • Advanced Hockey • Gamma/Delta/Freestyle

CLASS SCHEDULE

The following is the schedule for the Learn-To-Skate program. Refer to the program descriptions for minimum qualifications and skills learned. All classes are 1/2 long with a 1/2 hour practice. Skaters can also practice for 1/2 hour. You will receive a confirmation card telling you what time your practice is. **Note:** We do not take 3-year olds • \$90 per 6-week session • Private lessons will be charged differently • Inquire in the skating office at Highland Arena or call 651.770.7324



and Ramsey County present:
LEARN TO SKATE

FOR ALL AGES
2012

Spring Schedule

Located at:

Charles M. Schulz Highland Arena



Directed by: Diane Ness

PRO EDGE POWER

651-770-7324

www.proedgepower.com



PLEASE NOTE AND READ CAREFULLY

- SKATING SCHOOL FEE IS NON-REFUNDABLE
- Registration is on a first come, first serve basis. Fee is due at time of registration.
- No friends or parents in the practice area.
- We require that beginning skaters wear mittens and helmets (bike helmets are ok) and all skaters have single blade skates. Helmets should be worn in practice area.
- Hockey players should be in full equipment but no hockey sticks in the practice area.
- For safety reasons, we ask that nobody be on the ice without skates on.
- Please sit in the area behind plexiglass during class sessions so no students are distracted.
- Pros are available to contact for private lessons in basic skills or all areas of skating. Contact office at 651.485.1985

Questions? Call the Learn-to-Skate program office at 651.770.7324